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homemakers' chat

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U. S. DEPARTMENT
OF AGRICULTURE

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Friday, June 12, 1942
U. S. Department of Agriculture

SUBJECT: "CAN AND SAVE FRUIT AND SUGAR." Information from the Office of Information of the U. S. Department of Agriculture.

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The conversation today is for the home canner. It's about your part in saving food in these serious times. It's about what you can do to help feed your country and your country's allies. And it's about how to can and still help conserve the Nation's food supply.

Here are 3 ways your home canning of fruit this summer must help. First, your fruit canning must help save the Nation's fruit crop. No fruit must go to waste this year. Fruit is an important food. And food is an important weapon of war. Second, your fruit canning must help feed not just your family but your whole country and our allies. How? This way: Every jar of home-canned fruit leaves a can of commercially packed fruit for our armed forces and our allies. Every jar of fruit put up at home leaves a little more freight space to carry war materials. The third way your fruit canning this year must help is by conserving the sugar supply. Our Nation's supply of sugar must have careful use. Submarine warfare and the need for ships to carry war materials mean that much less sugar will come into the country. And remember -- every boatload of sugar shipped in endangers the lives of American seamen. So ask for only as much as you really need.

You will get one pound of sugar for every 4 quarts of finished fruit you are putting up. You may can as much fruit as your family needs. And you may have an extra pound of sugar for each person in your family to make a small supply of jams, jellies and fruit butters.

How do you get this sugar for canning? You apply to your Rationing Board for a certificate for sugar for home canning. With this certificate you can buy sugar

The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be clearly documented and supported by appropriate evidence. This includes receipts, invoices, and other relevant documents that can be used to verify the accuracy of the records.

In addition, the document highlights the need for regular audits and reviews. By conducting periodic checks, any discrepancies or errors can be identified and corrected promptly. This helps to ensure the integrity and reliability of the financial information being recorded.

Furthermore, the document stresses the importance of transparency and accountability. All transactions should be recorded in a clear and concise manner, making it easy for anyone reviewing the records to understand the details. This level of transparency is essential for building trust and confidence in the financial reporting process.

Finally, the document notes that maintaining accurate records is not only a legal requirement but also a best practice for any organization. It provides a clear and reliable picture of the organization's financial health, which is crucial for making informed decisions and planning for the future.

at any store. Under special circumstances and at the discretion of the local Rationing Board, you may apply for sugar by mail.

When you go to your Rationing Board to ask for sugar for canning, you want to be ready with the answers to 3 questions they'll ask you. First, they'll ask, how many quarts of fruit you canned last year. Second, they'll ask, how many quarts of fruit you plan to can this year. Third, they'll ask, how many quarts of last year's fruit you still have on your pantry shelf.

You'll save time and trouble if you figure out the answers to these 3 questions and have them all written down before you ask for sugar for canning.

And one other point: Be sure to keep a record of the fruit you can with your rationed sugar. Your Rationing Board will ask for that record when you apply for more sugar.

So much for getting that sugar for canning. Now about planning your canning. For accurate planning you need to know how much a bushel or peck of the different fruits weighs, and what amounts of fruit will make one quart canned. No use trying to carry these figures in your head. You need them in a little printed chart to refer to-- a chart to have on hand in your kitchen. The Government has just published a leaflet containing these charts and a copy is yours for the asking. But more about that in a moment.

You also need to consider canning equipment when you make your plans for canning. This year stores should still have adequate supplies of glass jars, tin cans, jar rubbers and closures. You should also get out and put to use all good canning equipment packed away in the attic, the basement or high shelves and closets. Make the best possible use of your equipment. Be sure to fill it with good food properly canned, or give it to someone who will use it properly.

Now to remind you of a few ways to stretch your sugar in canning. One way is to add just a small amount of sugar to the juice of the fruit, and then substitute that slightly sweetened juice for the usual plain sugar sirup. Fruits

The first part of the document
 discusses the general principles
 of the system and the
 objectives of the project.
 It outlines the scope of the
 work and the roles of the
 various participants involved.
 The second part of the document
 provides a detailed description
 of the system architecture,
 including the hardware and
 software components. This
 section also covers the data
 flow and the communication
 protocols used in the system.
 The third part of the document
 describes the implementation
 of the system, including the
 development process and the
 testing procedures. It also
 discusses the performance of
 the system and the results of
 the testing. Finally, the
 document concludes with a
 summary of the work done and
 a list of references.

naturally contain a great deal of water. You can make best use of your sugar by sweetening the fruit juice rather than by adding more water in the form of sirup.

Another way to stretch sugar is to heat the slightly sweetened fruit carefully in a saucepan. This will draw out the juice, shrink the fruit, drive out air, and make it possible to put generous amounts of fruit in each jar. Be sure there is enough juice to cover the fruit completely.

You can call on honey to help you save sugar. You can substitute honey for as much as half the sugar called for in canning. That is, you can use half honey and half sugar, but no more honey than this because it will mask the fruit flavor. You can use corn sirup also for part of the sugar. Use one-third corn sirup with two-thirds sugar.

Finally, you can save fruit and sugar both by putting up fruit juice. The sugar rations for canning don't allow sugar for fruit juices. But you can bottle fruit juice or put it up in jars with little or no sugar. If you mix the juice of a very sweet fruit with the juice of a tart fruit, the result will be sweet enough with no extra sugar. Fruit for juice is processed at simmering rather than at boiling temperature to keep the natural fruit flavor.

And now here's news of that free leaflet to help you make the most of your canning sugar and also of the nation's fruit crop. Write to the U.S. Department of Agriculture, Washington, D.C. for a copy of "Sugar for Wartime Canning." Or ask the home demonstration agent in your county for a copy. These leaflets are free. They are printed to help you help your country by canning fruit and conserving sugar.

The first part of the report deals with the general situation of the country and the progress of the work during the year. It is followed by a detailed account of the various projects and the results achieved. The report concludes with a summary of the work done and the plans for the future.

The work has been carried out in accordance with the programme of work approved by the Council of the League of Nations. It has been carried out in a spirit of cooperation and in the best interests of the League of Nations.

The results of the work have been most satisfactory and have shown that the League of Nations is capable of carrying out its work in a most efficient manner. It is hoped that the results of the work will be of great value to the League of Nations and to the world as a whole.

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